



156th NYYC ANNUAL REGATTA

Presented by ROLEX

June 11-13, 2010
Newport, Rhode Island



SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS). Appendix D, Team Racing Rules, will not apply for the Rolex Cup or Great Corinthian Trophy team events.
- 1.2 The prescriptions of US SAILING, except Appendix Q, will apply and are posted on the Annual Regatta website at www.nyyc.org/156annual/ and will be available at check-in.
- 1.3 **Offshore Special Regulations:** Minimally all yachts shall comply with the 2010-2011 ISAF Offshore Special Regulations, Category 5 (posted at www.nyyc.org/156annual/) and shall comply with their class rules, where applicable. Yachts that are not normally rigged with lifelines are exempt from Regulation 3.14. In the event of a conflict between these regulations and applicable class rules, the class rules shall apply. The US SAILING prescriptions to the Offshore Special Regulations shall apply except the prescription to Regulation 5.01.1 requiring personnel to wear personal flotation while starting and finishing.
- 1.4 The Protest Committee may impose suitable penalties, other than disqualification, for violations of the ISAF Offshore Special Regulations or other non-Part 2 rules. This changes RRS 64.1.
- 1.5 The 2010 IRC Rules and Regulations shall apply to yachts racing under IRC.
- 1.6 The 2010 PHRF-NB Regulations shall apply to yachts racing under PHRF.
- 1.7 The current class rules shall apply to all yachts racing as a one-design class, except as noted in these sailing instructions.
- 1.8 12 Metre Class only:
The International Twelve Metre Association (ITMA) By-laws and Regulations as of July 2, 2008, and the International Twelve Metre Class Rule as of July 2, 2008, and any subsequent amendments shall apply.

2 ENTRIES

- 2.1 Eligible yachts shall enter by completing online registration with the Organizing Authority. Eligibility requirements for yachts and method of entry are detailed in the Notice of Race.
- 2.2 Team entries for the Rolex Cup and the Great Corinthian Trophy shall be entered on the separate entry forms posted on the Annual Regatta website at www.nyyc.org/156annual/.

3 NOTICES, COMPETITOR INFORMATION AND SIGNALS MADE ASHORE

- 3.1 Notices, including race results, amendments and protest hearing schedules, shall be posted on the Official Notice Board located in the courtyard of the NYYC Sailing Center at Harbour Court. This information may also be posted on the Annual Regatta website.
- 3.2 Flag signals will be flown from the flagpole at Harbour Court.
- 3.3 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Flag "Lima" will be flown to signify such posting.

- 3.4 When Pennant “AP” is displayed ashore, “one minute” is replaced with “not less than one hour” in Race Signal “AP”.
- 3.5 Signals designating the rendezvous locations will be displayed at 0900 on Friday, Saturday and Sunday from the flagpole at Harbour Court. The Race Committee will endeavor to announce the locations as described in Appendix 2 – Rendezvous Locations at that time over VHF Channel 72. The failure to make this announcement or for a yacht to hear this announcement will not be grounds for redress. This changes rule 62.1(a).
- 3.6 After the rendezvous locations and any other regatta announcements have been made, Race Committee Signal Boats will monitor and communicate with their respective fleets on the VHF channels published on the scratch sheet.

4 CLASSES AND IDENTIFICATION

- 4.1 The Organizing Authority will divide yachts into classes. For the TWO-DAY Series described in SI 5.3, classes will be assigned a numeral designation and placed into fleets (White, Blue or Green).
- 4.2 Each fleet will have a designated Racing Circle and VHF channel as described on the scratch sheet. There will be separate scratch sheets for the Around-the-Island Race and the TWO-DAY Series. Note that a yacht may be in different classes in these different portions of the Annual Regatta. The scratch sheets will be distributed at registration, posted on the Official Notice Board and posted on the NYYC website (www.nyyc.org/156annual/).
- 4.3 Each yacht shall display the numeral pennant corresponding to her class designation from her backstay, approximately six feet above the deck and above the Rolex flag, from the warning signal of the first class in her fleet until she is no longer racing. Yachts without a permanent backstay shall conspicuously display these flags in an alternate position in the aft part of the yacht.
- 4.4 Each yacht shall display the Rolex backstay flag and bow stickers provided at registration while racing. Classics and 12 Metres are not required to apply the bow stickers.

5 SCHEDULE OF RACES

- 5.1 An Around-the-Island Race will be sailed on Friday, June 11, and is open to all eligible yachts. This race is separate from the TWO-DAY Series described below in SI 5.3. The course signals will be made on Friday, June 11 at 1200.
- 5.2 The Swan 42 class will sail a ONE-DAY series on Friday, June 11, with drop mark races. See SI Appendix 3 for details. A Swan 42 may elect to sail in this one-day series or in the IRC class in the Around-the-Island Race.
- 5.3 All classes will sail a TWO-DAY Series on Saturday and Sunday, June 12-13. All races will count in the TWO-DAY Series. For yachts sailing in the Onion Patch Series, scoring will be as described in SI 20.2.
- 5.4 The course signals will be made at 1100 for all fleets on Saturday, June 12 and Sunday, June 13.
- 5.5 No warning signal shall be made after 1500 on Sunday, June 13.

6 RENDEZVOUS LOCATIONS

Fleet rendezvous locations are as described in Appendix 2 – Rendezvous Locations and will be designated as described in SI 3.5.

7 CHECK-IN AND RETIREMENT

- 7.1 Prior to the warning signal for the first race each day, all yachts shall check in with the Race Committee Signal Boat by passing astern on starboard tack and announcing their sail number. The Race Committee will acknowledge by responding with the number heard.
- 7.2 Yachts retiring are requested to inform the Race Committee on their fleet VHF channel or by calling (401) 845-9633.

8 COURSES FOR AROUND-THE-ISLAND RACES

- 8.1 The Race Committee will use VHF channel 72 for the Around-the-Island Race on Friday, June 11.
- 8.2 The flag(s) designating the course to be sailed will be flown at each class' WARNING signal. The Race Committee will endeavor to announce the designated courses over VHF channel 72. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).
- 8.3 Special Mark "V"
- The Race Committee may add a new first mark to any course by displaying flag "V" above a Green or Red flag on a separate pole.
 - Mark "V" is to be rounded either to STARBOARD (Green flag below "V") or to PORT (Red flag below "V").
 - The bearing and distance to Mark "V" will be displayed as described in SI 10.6.
 - Mark "V" will be an 8' ORANGE tetrahedron buoy.
- 8.4 **Course "J"**, clockwise around Conanicut Island:
- Pass to the east of G "11" and G "9" off the Dumplings
 - RG "NR" Bell 650 yards SW of Beavertail Point to starboard
 - Pass to the west of Dutch Island in the West Passage
 - The center span of the Jamestown Verrazano Bridge
 - C "5" 1,250 yards NW of Conanicut Point to starboard
 - R "2" Fl R 4 Sec Bell 900 yards NE of Conanicut Point to starboard
 - The center span of the Newport Jamestown Bridge
 - Pass to the west of R "12" off Rose Island
 - Finish off Fort Adams (see SI 15.2)
- 8.5 **Course "JR"** - if Flag "R" is flown beneath Flag "J", the Around Conanicut Island race shall be sailed in the reverse direction (counter-clockwise), with the above rounding marks passed to port, finishing off Fort Adams.
- 8.6 **Course "G"** – clockwise around Prudence Island
- Pass to the west of R "12" off Rose Island (only if starting south of the Newport Bridge)
 - The center span of the Newport Bridge (only if starting south of the Newport Bridge)
 - R "8" Fl R 4 sec W of Northwest Point on Patience Island to starboard
 - RG N 1,100 yards N of Providence Point on Prudence Island to starboard
 - G "1" Fl G 2.5 sec 0.9 NM SW of Hog Island to starboard
 - Gate between G "25" and R "26" south of Sandy Pt on Prudence Island
 - The center span of the Newport Bridge
 - Pass to the west of R "12" off Rose Island
 - Finish off Fort Adams (see SI 15.2)
- 8.7 **Course "GR"** – if Flag "R" is flown beneath Flag "G", the Around Prudence Island Race shall be sailed in the reverse direction (counter-clockwise) to Course "G", finishing off Fort Adams, except that the rounding marks shall be passed to port and the gate between G "25" and R "26" is not a mark of the course.
- Pass to the west of R "12" off Rose Island (only if starting south of the Newport Bridge)
 - The center span of the Newport Bridge (only if starting south of the Newport Bridge)
 - G "1" Fl G 2.5 sec 0.9 NM SW of Hog Island to port
 - RG N 1,100 yards N of Providence Point on Prudence Island to port
 - R "8" Fl R 4 sec W of Northwest Point on Patience Island to port
 - The center span of the Newport Bridge
 - Pass to the west of R "12" off Rose Island
 - Finish off Fort Adams (see SI 15.2)

8.8 **Course “JG”** – clockwise around Conanicut and Prudence Islands

- Pass to the east of G “11” and G “9” off the Dumplings
- RG “NR” Bell 650 yards SW of Beavertail Point to starboard
- Pass to the west of Dutch Island in the West Passage
- The center span of the Jamestown Verrazano Bridge
- R “8” Fl R 4 sec W of Northwest Point on Patience Island to starboard
- RG N 1,100 yards N of Providence Point on Prudence Island to starboard
- G “1” Fl G 2.5 sec 0.9 NM SW of Hog Island to starboard
- Gate between G “25” and R “26” south of Sandy Pt on Prudence Island
- The center span of the Newport Bridge
- Pass to the west of R “12” off Rose Island
- Finish off Fort Adams (see SI 15.2)

8.9 For the purposes of rule 32.2(c), the center spans of the Jamestown Verrazano Bridge and the Newport Jamestown Bridge shall be considered gates.

9 COURSES FOR SOUTH BAY RACING CHART RACES

Courses and mark designations are described and shown on the South Bay Racing Chart that will be provided at registration to yachts in classes that may use these courses.

10 COURSES FOR DROP MARK RACES

10.1 **Course Diagrams** - See Appendix 1 - Course Card.

10.2 **Course “W”** is a Windward/Leeward course with a windward offset mark. A numeral pennant indicating the number of **LEGS** to be raced will be flown beneath Flag “W”. The distance between the windward mark and the offset mark shall not count as a leg for the purposes of indicating the number of legs.

10.3 **Course “O”** is a Triangle/Windward/Leeward/Windward course.

10.4 **Course “K”** is a Triangle/Windward/Leeward course.

10.5 The leeward mark for Courses “W”, “O”, and “K” will be an inflatable mark(s) set approximately 0.10 NM to windward of the starting line.

10.6 The course designation, distance and bearing to the first mark will be signaled using flags displayed on poles. The course designation will be flown forward, followed by the three numeral pennants designating the magnetic bearing to the first mark, followed by the two numeral pennants designating distance (nautical miles and tenths) to the first mark.

10.7 Marks, including the windward offset mark, shall be rounded in order and left to port, except that a gate, when used, shall be rounded as described rule 28.1(c).

10.8 There will be a windward offset mark adjacent to the windward mark for all drop mark courses.

10.9 This applies to the **BLUE FLEET** only:

For course “W” with an even number of legs, the Race Committee may set a long windward mark and a short windward mark. The long windward mark will carry a black band and there will be no offset mark. If flag “V” is displayed with the course signals, that class will sail to the LONG windward mark. If flag “V” is NOT displayed with the course signals, that class will sail to the SHORT windward mark.

If the course designation and/or distance to the first mark are different for a subsequent class, those signals will be displayed at the WARNING signal for that class in accordance with SI 10.6.

This changes the diagrams in Appendix 1 – Drop Mark Course Card, SI 10.2, SI 10.7, SI 10.8 and SI 11.3.

11 MARKS FOR COURSES “W”, “O”, and “K”:

- 11.1 Marks will be yellow or orange 8’ inflatable tetrahedron buoys. Starting and finishing marks will be yellow or orange 5’ inflatable tetrahedron buoys of a different color from the rounding marks.
- 11.2 The color of the original rounding marks for each class will be indicated on the scratch sheet.
- 11.3 Offset marks will be small round orange inflatable buoys.

12 THE START

- 12.1 Races will be started in accordance with rule 26, with classes starting at five-minute intervals. The order of start for the Around-the-Island Race on Friday, June 11, will be posted no later than 1600 on Thursday, June 10.
- 12.2 A yacht starting later than 20 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
- 12.3 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the port-end starting mark. The Race Committee may deploy a “Keep Off” buoy(s) that shall be considered an integral part of the Race Committee Signal Boat.
- 12.4 Yachts whose warning signal has not been made shall keep clear of the starting area.
- 12.5 Sample sequence:

<u>Friday</u>	<u>Sat/Sun</u>	
1200	1100	Course Signals
1205	1105	Warning for first class
1206	1106	Preparatory for first class
1210	1110	Start for first class, Warning for second class
1211	1111	Preparatory for second class
1215	1115	Start for second class, Warning for third class
1216	1116	Preparatory for third class
1220	1120	Start for third class, etc.

13 INDIVIDUAL RECALLS

The Race Committee will endeavor to hail each premature starter over their respective fleet VHF channel. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).

14 COURSE CHANGE

- 14.1 In addition to the requirements in rule 33, the Race Committee will attempt to announce any course change on their respective fleet VHF channel. Failure to make such an announcement shall not be grounds for redress. This changes rule 62.1(a).
- 14.2 The new mark will be an inflatable tetrahedron buoy that is a different color (orange or yellow) from the original mark described on the scratch sheet for each fleet. For a subsequent change, the new mark will be the same as the original mark.

15 THE FINISH

- 15.1 The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the finishing mark.
 - a) For Course “W”, with an odd number of legs, and Course “O”, the finish line will be located approximately 0.1 NM to windward of the windward mark.
 - b) For Course “W”, with an even number of legs, and Course “K”, the finish line will be located approximately 0.1 NM to leeward of the leeward mark and the finishing mark will be on the opposite side of the Race Committee Signal Boat from the starting mark. See diagrams in Appendix 1 – Course Card.

- 15.2 The finishing line for the Around-the-Island Race Courses will be between a staff displaying an orange flag on a Race Committee Boat and the finishing mark, which will be an 8' inflatable orange tetrahedron buoy. The finishing line will be located approximately 0.25 NM north of the Fl R 6 sec Horn "2" on the northern point of Fort Adams.
- 15.3 If a subsequent race is to be sailed, the finish line Race Committee Boat will fly Pennant "Second Substitute" with the Blue "On-Station" signal at the finish. If a Class Flag is displayed below Pennant "Second Substitute" the subsequent race is for that class(es) only.
- 15.4 In fog at the finish, the Race Committee Boat may ring a bell rapidly, for approximately 5 seconds, at intervals. The same Race Committee Boat may or may not start and finish each race.

16 GOVERNMENT BUOYS

Government buoys have no required side except when specified as marks of the course. Caution should be exercised for safe navigation.

17 PENALTY SYSTEM

- 17.1 A yacht that may have broken a rule of Part 2 while racing may take a penalty at the time of the incident as provided below. This changes rule 44.1.
- a) as provided in her class rules, or
 - b) by taking a Two-Turns Penalty in accordance with rule 44.2, or
 - c) by taking a Scoring Penalty in accordance with rule 44.3.
- 17.2 A yacht that accepts a Scoring Penalty shall receive additional points equal to 20% of the entrants in that race (rounding 0.5 upward), but shall not have less than two places added to her actual finish position. A yacht's score shall not be worse than Did Not Finish. This changes rule 44.3 (c).

18 TIME LIMIT

- 18.1 The time limit to sail the course and finish is as follows:
- a) For the Around-the-Island Race courses - five hours.
 - b) For a South Bay Racing Chart course - four hours.
 - c) For a drop mark course - three hours.
- 18.2 Yachts failing to finish within 60 minutes of the first yacht to sail the course and finish, or within the time limit, whichever is later, will be scored Did Not Finish (DNF) and scored points as described in SI 20.4. This changes rules 35 and A4.

19 PROTESTS AND REQUESTS FOR REDRESS

- 19.1 It is requested that yachts intending to protest report their intention and the yacht being protested to the Race Committee on the fleet VHF channel at the finish of a race.
- 19.2 Written protests or requests for redress shall be submitted to the Jury secretary in the NYYC Sailing Center as soon as possible, but not later than one hour after the Race Committee Signal Boat for that fleet has docked. The time limit for filing a protest will be posted on the Official Notice Board.
- 19.3 Protest notices will be posted as soon as possible on the Official Notice Board.
- 19.4 Protest hearings will take place at the NYYC Sailing Center as soon as possible after the notices are posted. The Jury will attempt to hear protests in the order of receipt. Representatives of yachts who are parties to a hearing shall remain on call in the vicinity of the protest rooms.
- 19.5 When a yacht has been involved in an incident that may be subject to protest, it is her responsibility to check the protest notices at the end of the protest filing time to see if she is cited in a protest. Failure of any yacht to appear when called for a hearing will be considered by the Jury as grounds for proceeding under rule 63.3(b).

- 19.6 Rule 63.5 is changed by adding, “A protest involving contact may be heard by the Protest Committee even though the requirements of rule 61.1(a) and 61.3 have not been fulfilled.”
- 19.7 Breaches of SIs 4.3, 7, 12.4 and 22.2 will not be grounds for a protest by a yacht. This changes rule 60.1(a).
- 19.8 A violation of SI 22.2 will be considered “a gross breach of a *rule*” under rule 69.1(a).

20 SCORING

- 20.1 A yacht’s series score will be the total of her race scores. There will be no drop race. This changes rule A2.
- 20.2 For the purposes of the Onion Patch Series, only the first race completed on Saturday, June 12 and the first race completed on Sunday, June 13 will count toward the scoring for the Onion Patch, even if a subsequent race (or races) is run on either day.
- 20.3 One race is required to be completed to constitute a series.
- 20.4 Yachts that have started and fail to finish within the time limit for any reason, shall, without a hearing, be scored by the Race Committee with points equal to the number of yachts in her class that have sailed the course and finished within the time limit, plus two. This changes rule A4.1, A4.2, and A5.
- 20.5 Teams competing for team trophies will be scored in accordance with the Notice of Race.

21 PRIZES

Prizes will be awarded as described in the notice of race.

22 NOTES

- 22.1 Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and vessels in the navigation channel restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.
- 22.2 In the event there is racing in Narragansett Bay, competitors should be aware of heightened security around the Navy base in Newport just to the north of the Newport Jamestown Bridge. The area to the east of a line defined by a series of white buoys marking the Newport Security Zone along the coast of the Naval Facilities from Coasters Harbor to the breakwater at the north end of Coddington Cove shall rank as an obstruction. Yachts shall not enter this area. A Navy patrol boat monitors the area and vessels navigating in the Exclusionary Zone may face action by Coast Guard and Naval authorities.

22.3 Newport Tides

Day	Date	High Tide	Low Tide
Friday	June 11	0730	1249
Saturday	June 12	0818	1337
Sunday	June 13	0907	1454

- 22.4 All times herein are Eastern Daylight times. Bearings are in degrees magnetic and are approximate. Distances used herein are expressed in nautical miles (when not otherwise defined) and are approximate.
- 22.5 For further information please contact:
 - New York Yacht Club, Harbour Court
 - 5 Halidon Avenue; Newport, RI 02840
 - Tel: 401/845-9633
 - Fax: 401/846-3303
 - Website: www.nyyc.org/156annual/
 - Email: sailingoffice@nyyc.org

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