



New York Yacht Club Invitational Team Race Regatta for the Morgan Cup

August 13-15, 2010

Organizing Authority: New York Yacht Club (NYYC)

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the Rules as defined in *The Racing Rules of Sailing (RRS)*, including Appendix D – Team Racing Rules.
- 1.2 Rules D2.1(c) and D2.2(c) are changed by adding the following sentence to the end of each: “A boat taking a penalty shall have the spinnaker head below the main-boom gooseneck from the time she passes head to wind until she is on a close-hauled course.”
- 1.3 Sonar-type boats will be used. The Sonar Class rules shall not apply.
- 1.4 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Addendum B, Handling the Boats and SI Addendum C, Equipment List. The penalty, if any, for breaking a rule in either Addendum will be at the discretion of the Protest Committee. This changes rule 64.1(a).
- 1.5 USCG-approved PFDs shall be worn at all times while on the water except while actively adding or removing clothing. This modifies the preamble to Part 4 and rule 40. Competitors must supply their own PFDs. PFDs shall be worn outside of all clothing except team identification bibs. A breach of this sailing instruction may only be protested by the Race Committee, Protest Committee or Umpires. This changes rule 60.1(a).
- 1.6 No boat shall discharge trash of any kind into Narragansett Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee, Protest Committee or Umpires. The penalty, if any, for breaking this rule will be at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at the Sailing Center.

3 CHANGES IN THE SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be approved by the Chief Umpire and announced at the Participants’ Meeting on the day it will take effect and posted immediately thereafter, except that changes made to SI 8.1 may be made verbally and will be effective immediately, in which case Flag “A” will be flown from the Signal Boat.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole at the head of the Harbour Court dock.
- 4.2 When a Postponement (flag AP) is displayed ashore, the warning signal will be made not less than 45 minutes after flag AP is lowered. This changes “Race Signals.”

5 BOATS PROVIDED BY THE ORGANIZING AUTHORITY (OA)

- 5.1 Sonar-type boats will be provided by New York Yacht Club for competing teams. The boats have been equalized in performance potential to the extent possible and organized into fleets. An alternate boat may be substituted in case of a breakdown. Claims regarding the performance of the boats will not be grounds for a redress request. This changes rule 62.1(a).
- 5.2 All equipment shall be used as supplied and no changes, additions or subtractions shall be made other than those permitted by the Sailing Instructions or the Organizing Authority. Replacement of broken or damaged gear may only be made with gear sanctioned by the OA.
- 5.3 Addendum B, Handling the Boats, lists items and actions that are prohibited, permitted and mandatory.
- 5.4 Addendum C, Equipment List, lists all equipment that shall be onboard at all times.

6 SCHEDULE

- 6.1 A meeting of participants will be held at 0900 on each day at the NYYC Sailing Center. The approximate time of the warning signal for the first race will be announced at the meeting.
- 6.2 The Race Committee will endeavor not to begin a starting sequence after 1500 on Sunday. However, weather conditions and/or the progress of the event may govern the actual conclusion of racing. This changes the Notice of Race.

7 REGATTA FORMAT

- 7.1 The regatta format and number of races will be determined by the OA and will be based on the number of teams and the weather conditions. The planned format is multiple round-robins. A championship mini-round-robin between the top four teams and a consolation mini-round-robin between the bottom four teams may be added or substituted for a full round-robin, weather, time and conditions permitting.
- 7.2 A win in each of the first two round-robins will be worth one point. A win in subsequent round-robins or mini-round-robins will be worth two points.
- 7.3 If time, wind, weather or other contingencies make the completion of a current or an additional scheduled round robin or series impractical, the regatta may be terminated and the results based on the round robins or races completed at the discretion of the OA in consultation with the Umpires. This may revert back to the standings at the completion of the immediate prior round-robin or series or use results from a mini-round-robin or an incomplete round-robin. The OA, in consultation with the Umpires or Protest Committee, may terminate or alter the format in progress, or make such other arrangements as may be necessary to conclude the event.

8 FLEET DESIGNATION AND STARTING ORDER

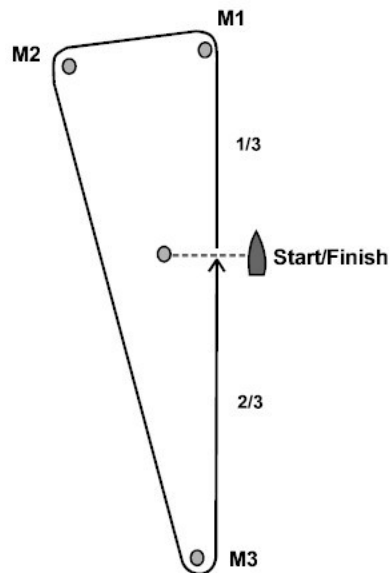
- 8.1 Teams will be assigned to boats as designated on the rotation in Addendum D - Rotation. Weather, time and conditions permitting, round robin races will be held in the order shown in Addendum D.
- 8.2 Boats will be identified in Addendum D by their sail color (white, pink, yellow, black) and mainsail number.

9 RACING AREA

The racing area will be on Narragansett Bay. The location of the rendezvous will be announced at the Participants' Meeting.

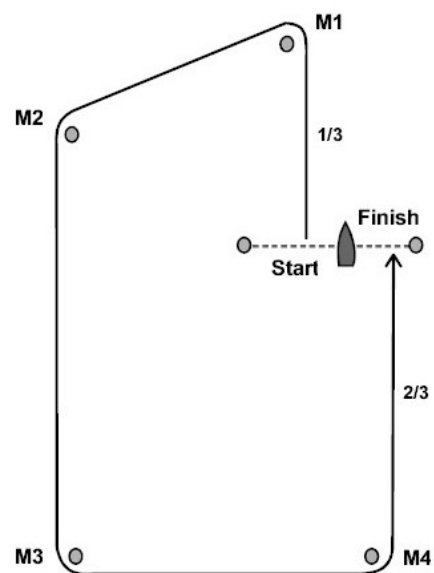
10 COURSE

- 10.1 The Course flag will be displayed at or before the warning signal.
- 10.2 The Race Committee may change a leg of the course that begins at a rounding mark by changing the position of the next mark or the finishing line, but no mark shall be moved when any boat is on the leg that it terminates. Subsequent legs may be changed to maintain the course configuration. There will be no visual or audible signals for a course change. This changes rule 33.
- 10.3 When a green flag is displayed with the course signal, marks are to be left to starboard.



“T” - MODIFIED TRIANGLE

Start – M1 – M2 – M3 – Finish



“V” – BOX COURSE

Start – M1 – M2 – M3 – M4 - Finish

- 10.4 Races may not be shortened. This changes rule 32 and Race Signal Flag “S”.

11 MARKS

All marks will be inflatable marks.

12 START AND FINISH

- 12.1 The start and finish lines will be between a staff displaying an orange flag on the Signal Boat and an inflatable mark. The Signal Boat may deploy a “Keep Off” buoy from her stern. This buoy and the line attaching it to the Signal Boat shall be considered an integral part of the Signal Boat.
- 12.2 Races will be started using the Sound-Signal Starting System in Appendix S of the *RRS*.

13 RECALLS

- 13.1 Individual recalls will be made in accordance with rule S6 using the sail number, modified in that the Individual Recall flag (flag “X”) will be displayed for up to one minute following the start.
- 13.2 If a General Recall is signaled, the First Substitute will be accompanied by repeated short sound signals. This changes rule 29.2 and Race Signal First Substitute.

14 TIME LIMIT

The time limit will be 45 minutes for the first boat to sail the course and finish and, for all other boats, within 15 minutes of the first boat to finish. Any boat not finishing within 15 minutes of the first boat to finish or within the time limit, whichever is later, will be scored points equal to the number of boats entitled to race.

15 PROTESTS

- 15.1 Rule D2.4 (b) applies for all protests.
- 15.2 Rule 61, Protest Requirements, is modified in that a boat intending to protest or request redress shall report that fact to the Race Committee Signal Boat as soon as possible after finishing the race and clearly identify the boat(s) being protested or the reason for the redress request.
- 15.3 The Protest Committee may require that protests be heard on the water directly after the parties involved have finished the race. The “three-minute justice” system may be used. This changes rule 63.2 regarding time for preparation for the hearing and rule 63.6 regarding the calling of witnesses.

16 UMPIRES

- 16.1 Rule D2.2, Umpired Races, shall apply.
- 16.2 Competitors may assist the umpires when their team is not racing at the discretion of the chief umpire and shall not be considered *interested parties* while serving in this role.

17 SPINNAKERS

When the Race Committee Signal Boat displays flag “K” at or before the Warning Signal, spinnakers shall not be used for that race.

18 NOTES

- 18.1 Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right of way over a vessel under power that may be restricted in its ability to maneuver.
- 18.2 All times herein are Eastern Daylight Time.
- 18.3 Government buoys, when not designated as having to be observed, or not specified as marks of the course, have no required side except for safe navigation.

19 TIDES

	<u>High</u>		<u>Low</u>
Friday, August 13	1101	4.8	1644
Saturday, August 14	1154	4.7	1737
Sunday, August 15	1249	4.4	1839

20 SAFETY

In accordance with rule 4, the responsibility for a boat’s decision to participate in a race or to continue racing is hers alone. The responsibility for the safety of the boat and each competitor lies solely with each individual and not with the New York Yacht Club.

21 PRIZES

A keeper trophy will be awarded to the winning team. The winning team’s name will be engraved on the Morgan Cup.

ORGANIZING COMMITTEE

Senet Bischoff – Event Chair
Colin Gordon – NYYC Team Captain; NYYC TR Sub-Committee Co-Chair
Chris Woods – NYYC TR Sub-Committee Co-Chair
Joseph Aleardi, Benjamin Kinney - Team Racing Committee Co-Captains
A. Rives Potts, Jr. - Chair, NYYC Sailing Committee
Elizabeth Duggan – NYYC Racing Coordinator

RACE COMMITTEE

Ronald A. Hopkins, PRO
Mimsey Gordon, A-PRO
Robert Armes
David Brown
David Elwell, Jr.
A. J. Evans
Eric Feigel
Richard Gumpert
Ellen Sykes

UMPIRES

Steven A. Wolff, Chief Umpire
Jay Kehoe
Matt Knowles
Chris Petracco
John Pratt
Anderson Reggio
Sue Reilly
Kerry Sullivan
Stephen van Dyck
Peter Wilson

PREVIOUS WINNERS

2003 New York Yacht Club
2004 Seawanhaka Corinthian Yacht Club
2005 New York Yacht Club
2006 New York Yacht Club
2007 New York Yacht Club
2008 New York Yacht Club
2009 New York Yacht Club

SI ADDENDUM A – LIST OF COMPETITORS

ANNAPOLIS YC

John Torgerson (TC)

Kate Torgerson
Myles Conway

Pete McChesney

Shane Zwingelberg
Scott Snyder

Matt Schubert

Lori Schubert
Brad Julian
Alexis Rubin

LARCHMONT YC

John Baxter

Molly Baxter (TC)
Marc Glennon
Mark Kroenig

Danny Pletsch

Jay Rhame
Blaine Pedlow
Megan Magill (Sat/Sun)
Melissa Pumphrey (Fri)

Cardwell Potts

David Dowd
Nik Holton
Jane Macky (Sat/Sun)
Briar Macky (Fri)

NEWPORT HARBOR YC

Michael Menninger

Adam Deermount (TC)
Justin Law
Bill Menninger

Mikee Anderson-Mitterling

Phil Stemler
Dave Clarke
Reid Vitarelli

Andy Beeckman

John Fuller
Tommy Leach
Whitney Loufek

NYYC 1

Senet Bischoff

Stu Saffer
Roland Singer
Amy Lash

Robbie Richards

Joe Aleardi
John Edenbach
Edie Hinman

Colin Gordon - TC

Ben Kinney
Tom Kinney
Monique Roeder

NYYC 2

Clay Bischoff (TC)

Shane Wells
Brit Bischoff
John Stakes

Sean Doyle

John Bainton
Brian Fox
Heather Tow-Yick

Garrett Woodworth

Daniel Zimbaldi
Jeff Gladchun
Joy MacDougall (F&S)
Susan Doyle (Sun only)

PEQUOT YC

David Dellenbaugh (TC)

Harry Mattison
Russ Miller
Susan Daly

Zach Leonard

Alice Manard
Zach Brown
Jenn Chamberlain

Brian Doyle

Richard Feeny
Peter Fleming
Henry Maxwell

SEAWANHAKA

Tim Wadlow (TC)

Robbie Dean
Kyle Shattuck
Ned Jones

Karl Ziegler

Mike Welch
Greg Stevens
Chris Museler

Andy Herlihy

Liz Herlihy
Pat Donegan
Chris Murray

SOUTHERN YC

John Alden Meade - TC

Blake Kimbrough
Gerard Sonnier
Shelby Friedrichs

John Loe

Jackson Benvenuti
Philip Schmalz
Julie Wilson

Daniel Meade

Dwight LeBlanc
Will Gammell
Stephen Murray

SI ADDENDUM B - HANDLING THE BOATS

1 GENERAL

While all reasonable steps are taken to equalize, variations in the boats will not be grounds for redress. This changes RRS 62.

2 PROHIBITED ITEMS and ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Moving the mast blocks.
- 2.10 Using a flattener as a reef.
- 2.11 Attaching lines to the fabric of spinnakers.
- 2.12 Perforating sails, even to attach tell tales.
- 2.13 Radio transmission, except to report damage or in response to a request from the RC.
- 2.14 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.15 The use of electronic instruments other than compass and watches.
- 2.16 Using the spinnaker pole to wing out the foresail.
- 2.17 Marking directly on the hull or deck with permanent ink.
- 2.18 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.19 Sitting outboard (including legs) of the toe rail is prohibited, but the upper body may lean outboard.

3 PERMITTED ITEMS and ACTIONS

The following are permitted:

- 3.1 Taking on board the following equipment:
 - (a) basic hand tools
 - (b) adhesive tape
 - (c) line (elastic or otherwise of 4 mm diameter or less)
 - (d) marking pens
 - (e) tell tale material
 - (f) watch, timers and hand held compass
 - (g) shackles and clevis pins
 - (h) velcro tape
 - (i) spare flags
- 3.2 Using the items in 3.1 to:
 - (a) prevent fouling of lines, sails and sheets
 - (b) attach tell tales
 - (c) prevent sails being damaged or falling overboard
 - (d) mark control settings
 - (e) make minor repairs and permitted adjustments
 - (f) make signals as per Appendix C6
- 3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 3.4 Changing the number of mainsheet purchases.

4 MANDATORY ITEMS and ACTIONS

The following are mandatory:

- 4.1 The completion of a written damage report before leaving a boat and submitting it to the Bo'sun, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 4.2 At the end of each sailing day:
 - (a) rolling, bagging and placement of the sails as directed
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day
 - (c) releasing backstay tension
- 4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash & recycling and removing all tape and marks.
- 4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.6 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

SI ADDENDUM C - EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

SAILS and SAILING EQUIPMENT

- Mainsail and set of battens
- Jib
- Spinnaker
- Three sail bags
- One spinnaker pole
- Two spinnaker sheets
- Jib sheets
- Two twings
- Tiller extension
- Two headsail track cars

SAFETY GEAR

- Life jackets for each crew member (provided by competitors or OA)
- Paddle
- Bucket & sponge
- Bilge pump
- Throwable cushion

GROUND TACKLE

- Anchor and chain
- Anchor line

MOORING LINES and FENDERS

- Four (gold) dock lines
- One (black or gold) tow line
- Two blue fenders

SI ADDENDUM D – ROTATION

See attached