



September 11-18, 2021
Newport, Rhode Island

SAILING INSTRUCTIONS AMENDMENT 1

SI 1.11 is added:

1.11 RRS 49 is changed to read:

- 49.1 Crew shall use no device designed to position their bodies outboard, other than the lower lifeline as described in Rule 49.2.
- 49.2 Lifelines, upper and lower, and rear gates shall meet the following tautness requirements. When a deflection force of 4kg (8.8lbs) or greater is applied to a lifeline at the midpoint of the longest span between supports that are aft of the mast, the upper lifeline shall not deflect more than 50mm at the lowest point. For the lower lifeline, the distance from the top of the lifeline to the closest point of the deck shall not be less than 121mm (4-3/4). Crew shall not position any part of their torsos outside the lifelines, except briefly to perform a necessary task. However, a competitor sitting facing outboard with his or her waist inside the lower lifeline may have the upper part of his or her body outside the upper lifeline. At all times while seated, competitors shall have their gluteus maximus muscles touching the deck. Lifelines shall be secure with a minimum of 3mm high-strength line making three complete loops before tying off.

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