



New York Yacht Club Women's 2v2 Team Race

June 1-2, 2024

Organizing Authority: New York Yacht Club Regatta Association, Inc.

SAILING INSTRUCTIONS incorporating Amendment 1 (in red)

1 RULES

1.1 The regatta will be governed by the Rules as defined in *The Racing Rules of Sailing (RRS)*.

1.2 Appendix D – Team Racing Rules will apply with the following changes:

- a) Rule D1.1(d) applies. Arm signals are required.
- b) Rule D1.2(c) is deleted and replaced by: “A boat intending to request redress for an incident in the racing area, or protest for an alleged breach of a rule other than a rule of Part 2 or rules 31 or 42, shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, identify the protested boat.”
- c) The first sentence of Rule D1.3(a) is deleted and replaced with: When a boat may have broken one or more rules of Part 2, or rule 31 or 42, in an incident while *racing*, she may take a penalty as follows:
 - i) Prior to her starting signal or on a leg of the course to a weather mark, she shall gybe;
 - ii) one all other legs of the course she shall tack;
 - iii) A boat completes a leg of the course when any part of her hull crosses the extension of the line from the previous mark through the mark she is rounding, or on the last leg when she finishes.
- d) Rule D1.3 is changed by adding “(e) A boat taking a One-Turn or Two-Turns Penalty shall have the spinnaker head below the main-boom gooseneck each time she passes head to wind.”
- e) Rule D2.2(c) is changed to read: “An umpire may penalize any boat that broke a rule, is not exonerated, and did not take an appropriate penalty.
- f) Rule D2.2(d) is deleted and RRS D2.2(e) is renumbered D2.2(d).
- g) Rule D2.3(d): add “The umpires may decide that any hard contact (contact between hulls and rigs) is damage for the purposes of initiating a penalty. In addition, when there is damage, two race umpires together with another umpire may determine that a race-win penalty as prescribed in SI Addendum D is warranted for one or more boats, without a protest hearing. The boat(s) that broke rule 14 shall be informed as soon as practicable about the damage level and penalty(s) that will be imposed. Only at the time of being so informed may the boat request a hearing. If the boat requests a hearing, the umpires shall report the incident to the protest committee, which shall act under rule D3.1(e)(3), and may decide to impose a greater penalty on that boat. If no hearing is requested, the umpires shall impose the penalty(s) by reporting it to the race committee. Rule D2.7 applies to this decision.”
- h) Rule D2.3, Penalties Initiated by an Umpire, add: “(h) a boat fails to comply with any “Prohibited Items and Actions” in section 2 of Addendum B, Handling the Boats while racing.”
- i) Rule D2.3, Penalties Initiated by an Umpire, add to the last sentence: “The penalty for a breach of rule 42 or a “Prohibited Item and Action” in Addendum B shall be a One-Turn-Penalty.”
- j) The first sentence of Rule D2.5 is changed to read: A boat penalized by an umpire shall take a One-Turn Penalty.
- k) Rules D5.3 and D5.4 are changed to replace all instances of “Race Committee” with “protest committee.”

1.3 RRS 17 is deleted as authorized by US Sailing (*see posted authorization*).

1.4 Appendix U Audible Racing Signals will apply.

1.5 Sonar-type boats will be used. The Sonar Class Rules shall not apply.

1.6 All of Rule 40.1 shall apply at all times on the water. In addition, the end of the first sentence of Rule 40.1 is changed to read “except while actively adding or removing clothing.” Competitors must supply their own USCG-approved PFDs. PFDs shall be worn outside of all clothing. A breach of this sailing instruction may only be protested by the race committee, protest committee or umpires. This changes Rule 60.1(a).

- 1.7 The US Sailing prescription to rule 63.2 is deleted.
- 1.8 The first sentence of rule 66.2 is changed to: “A *party* to a hearing may not ask for a reopening.” Subsequent sentences in this rule, including rule 66.3, are deleted.
- 1.9 Any boat observed breaking rule 47 is subject to protest only by the race committee, protest committee or umpires. This changes rule 60.1(a).
- 1.10 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI 5, Addendum A and Addendum B. Competitors may not protest for a breach of Addendums A or B. This changes rule 60.1(a).
- 1.11 No crew or skipper changes are permitted during the regatta without express written permission from the Organizing Authority, which may grant exceptions to the eligibility requirements.

2 COMMUNICATIONS: NOTICES, VHF CHANNEL

- 2.1 Notices, including race results and amendments, will be posted online <https://nyyc.org/2024-women-s-2v2-team-race>.
- 2.2 The Race Committee will communicate on VHF channel 69.

3 CHANGES IN THE SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted by 0900 on the day it will take effect and be discussed at the morning Participants’ Meeting, except that changes made to SI 7 Regatta Format and SI Addendum C – Rotation, except as noted in SI 8.1, may be made verbally and will be effective immediately, in which case Flag “L” will be flown from the signal vessel.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole at the head of the Harbour Court dock.
- 4.2 When a Postponement (flag “AP”) is displayed ashore, the warning signal will be made not less than 45 minutes after flag AP is lowered. This changes “Race Signals.”

5 BOATS PROVIDED BY THE ORGANIZING AUTHORITY (OA)

- 5.1 Sonar-type boats will be provided by New York Yacht Club for competing teams. The boats have been equalized in performance potential to the extent possible and organized into fleets. An alternate boat may be substituted in case of a breakdown. Claims regarding the performance of the boats will not be grounds for a boat to request redress. This changes rule 62.1(a).
- 5.2 All equipment shall be used as supplied and no changes, additions or subtractions shall be made other than those permitted by the sailing instructions or the Organizing Authority. Replacement of broken or damaged gear may only be made with gear sanctioned by the OA.
- 5.3 Addendum A - Handling the Boats lists items and actions that are prohibited, permitted and mandatory.
- 5.4 Addendum B - Equipment List lists all equipment that shall be onboard at all times.

6 SCHEDULE

- 6.1 A pre-brief with the umpires is scheduled each morning at 0830 in the NYYC Sailing Center. Attendance by all skippers is required. Crew members are encouraged to attend.
- 6.2 A meeting of all participants will be held each day at 0900 at the NYYC Sailing Center.
- 6.3 The approximate time of the warning signal for the first race will be announced at the Participants’ Meeting.

7 REGATTA FORMAT

- 7.1 The planned format is 2v2 racing comprised of two stages. The first will be one or more round-robins amongst all competing teams. Time and weather permitting, the fleet may be divided into Gold and Silver based on results from the all-team round-robins for Stage 2. The second stage may consist of one or more mini-round robin(s) or knock-out matches amongst some or all of the teams in gold and silver, or a combination of both. Race-wins from Stage 1 will only carry forward for any mini-round-robins. No race-wins from round-robins will carry forward to knock-out matches. The format and number of races will be described at the participants’ meeting.
- 7.2 The Event Chair, in consultation with the Principal Race Officer and the Chief Umpire, may terminate or alter the format in progress, change assigned boats, change the order of races, or make such other arrangements as may be necessary to conclude the event. This changes rule D4.2(b).

- 7.3 When a knockout includes one or more rounds prior to the finals and Petit-Finals, rule D4.5(a) is changed for those preliminary rounds as follows: A round shall not be scored unless all races have been completed in each match in that round.
- 7.4 If a round is terminated before the final knock-out round is scored per rule D4.5(a), the overall rankings will be determined by Stage 1.

8 FLEET DESIGNATION AND STARTING ORDER

- 8.1 Teams will be assigned to boats as designated on the rotation in SI Addendum C - Rotation.
- 8.2 Boats will be identified in Addendum C by the sail patch color (for example yellow, pink, black, orange, red, green, blue) and mainsail number.

9 RACING AREA AND DANGER AREAS

The racing area will be on Narragansett Bay. The location of the rendezvous area will be announced at the participants' meeting. The primary location and danger areas are noted in SI Addendum F.

10 COURSE

- 10.1 The courses are as described in Addendum E. No later than the warning signal the RC will designate the course to be sailed on a board.
- 10.2 **Course P:** On the leg from M2 to M3, the race committee signal vessel and the port end starting/finishing mark are marks of the course. The signal vessel shall be left to starboard or the starting/finishing mark shall be left to port, and those are the required sides, respectively, once a boat enters the *zone* and rule 18 applies for that mark.
- 10.3 The race committee may change a leg of the course that begins at a rounding mark by changing the position of the next mark or the finishing line, but no mark shall be moved when any boat is on the leg that it terminates. Subsequent legs may be changed to maintain the course configuration. There will be no visual or audible signals for a course change. This changes rule 33.
- 10.4 Courses may not be shortened. This changes rule 32 and Race Signal Flag "S".

11 MARKS

All marks will be inflatable marks.

12 START AND FINISH

- 12.1 The start and finish lines will be between a staff displaying an orange flag on the signal vessel and the course side of an inflatable mark.
- 12.2 Races will be started using rule U3.

13 RECALLS

Individual recalls will be signaled by the hail of the bow number (or some other clearly distinguishing feature) of each recalled boat. Flag X will be displayed for up to one minute following the start. This changes rule U4.

14 UMPIRES

- 14.1 Rule D2, Umpired Races, shall apply.
- 14.2 Competitors may assist the umpires when their team is not racing at the discretion of the chief umpire and shall not be considered to have a *conflict of interest* while serving in this role.
- 14.3 Protest committees shall be comprised of umpires as appointed by the Chief Umpire or a race lead umpire.

15 SPINNAKERS

When the race committee signal boat displays flag "K" at or before the warning signal, spinnakers shall not be used for that race.

16 DAMAGE

- 16.1 When damage occurs or is likely to have occurred, regardless of whether a boat has been penalized or an umpire has instructed a boat to report to the Bo'sun for damage inspection, that boat shall report to the Bo'sun immediately at the end of her rotation on the water.
- 16.2 The OA may require the damage deposit to be restored to its original amount before a team will be permitted to continue racing.

17 SPORTSMANSHIP

Competitors are expected to fully comply with RRS 2 at all times. Abuse or intimidation of other competitors, race officials or officials of the New York Yacht Club will not be tolerated. All such incidents, whether or not they include umpire-initiated penalties, shall be reported to the Chief Umpire. Repeated incidents by individuals or teams shall be reported to the protest committee and may be considered misconduct.

18 NOTES

18.1 Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have the right of way over a vessel under power that may be restricted in its ability to maneuver.

18.2 Government buoys, when not designated as having to be observed, have no required side except for safe navigation.

19 SAFETY

In accordance with RRS 3, the responsibility for a boat’s decision to participate in a race or to continue racing is hers alone. The responsibility for the safety of the boat and each competitor lies solely with each individual and not with the New York Yacht Club Regatta Association, Inc. or the New York Yacht Club.

RACE COMMITTEE

Clare Harrington, RO
Robbie Benjamin, DRO
Kristen DeLay
Lynn Lynch
Pam Murrin
Paula Schaefer
Cory Sertl
Libby Toppa
Julie Wilson
Vicky Wiseman

UMPIRES

Vicki Sodaro, Chief
Jeff Borland
Tom Duggan
David Dougherty
Amy Ferreira
Paul Gillman
Dick Gumpert
Britt Hall
Ralph Kinder
Phil Lotz
Steve Schupak
John Vincze

EVENT CHAIR

Barbara “Basia” Karpinska

SI ADDENDUM A - HANDLING THE BOATS

1 GENERAL

While all reasonable steps are taken to equalize, variations in the boats will not be grounds for redress. This changes RRS 62.

2 PROHIBITED ITEMS AND ACTIONS

Except in an emergency or in order to prevent damage or injury, or when directed otherwise by an umpire, the following are prohibited:

2.1 Actions subject to umpire-initiated penalties during a race:

- a) Moving the mast blocks.
- b) Adjusting or altering the tension of standing rigging, excluding the backstay.
- c) The use of electronic instruments or smartphone/tablet apps, other than watches.
- d) Using the spinnaker pole to wing out the foresail.
- e) The use of the shrouds (including any inner shrouds) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- f) Sitting outboard (including legs) of the toe rail is prohibited, but the upper body may lean outboard. Using lazy sheets and control lines for the purpose of hiking normally while seated is permitted.
- g) Radio transmission, except to report damage or in response to a request from the RC.

2.2 Actions subject to protest by the Protest Committee or Race Committee:

- a) Any additions, omissions or alterations to the equipment supplied.
- b) The replacement of any equipment without the sanction of the RC.
- c) Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- d) Moving equipment from its normal stowage position except when being used.
- e) Boarding a boat without prior permission.
- f) Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while "AP" is displayed ashore.
- g) Hauling out a boat or cleaning surfaces below the waterline.
- h) Attaching lines to the fabric of spinnakers.
- i) Marking directly on the hull or deck with permanent ink.
- j) Perforating sails, even to attach telltales.
- k) The use of any equipment for a purpose other than that intended or specifically permitted.

3 PERMITTED ITEMS AND ACTIONS

The following are permitted:

3.1 Taking on board the following equipment:

- (a) basic hand tools
- (b) adhesive tape or Velcro tape but not duct tape
- (c) line (elastic or otherwise of 4 mm diameter or less)
- (d) marking pens
- (e) telltale material
- (f) watch, timers and hand-held compass
- (g) shackles, plastic clips, cotter pints/ring dings and clevis pins
- (h) spare flags
- (i) VHF radio

3.2 Using the items in 3.1 to:

- (a) prevent fouling of lines, sails and sheets, or to secure the spinnaker halyard
- (b) attach telltales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings (adhesive tape only)
- (e) make minor repairs and permitted adjustments
- (f) make signals as per Appendix D2

3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair or maintenance after removal.

3.4 Changing the number of mainsheet or jib sheet purchases.

4 MANDATORY ITEMS AND ACTIONS

The following are mandatory:

- 4.1** At the end of each sailing day:
- (a) rolling, bagging and placement of the sails as directed
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day
 - (c) releasing backstay tension
- 4.2** At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and recycling and removing all tape and marks.
- 4.3** Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 4.4** Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.
- 4.5** A breach of items 4.1 and 4.2 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

SI ADDENDUM B - EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

SONARS

SAILS AND SAILING EQUIPMENT

- Mainsail and set of battens
- Jib
- Spinnaker
- Three sail bags
- One spinnaker pole
- Two spinnaker sheets
- Jib sheets
- Two twings
- Tiller extension
- Two headsail track cars

SAFETY GEAR

- Life jackets for each crew member (provided by competitors)
- Paddle
- Bucket and sponge
- Bilge pump
- Throwable cushion

GROUND TACKLE

- Anchor and chain
- Anchor line

MOORING LINES AND FENDERS

- Four dock lines
- One black tow line
- Two blue (or white) fenders

SI ADDENDUM C – ROTATION

See separate attachment.

SI ADDENDUM D - DISCRETIONARY PENALTIES FOR DAMAGE RESULTING FROM CONTACT BETWEEN BOATS RACING

The umpires may impose a discretionary penalty for breaking rule 14 without a protest hearing, unless a boat involved in the incident requests a hearing, in which case the umpires shall report the incident to the protest committee. If it has good reasons to do so, the protest committee may impose a greater discretionary penalty than what the umpires determined was appropriate. This addendum explains how the penalties will be determined and is intended to:

- Minimize damage to keep costs down and avoid delays while boats are repaired.
- Ensure that penalties fit the breach and are consistent.

Damage Levels

Level	Extent	Effect
Level A Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than one (1) hour of work.
Level B Damage	Affects the value and/or general appearance of the boat.	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than one (1) hour of work but should not normally require more than three (3) hours of work.
Level C Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than three (3) hours of work.

Penalties

Race-win penalties may be imposed by umpires after a race to boats that break rule 14. Any penalties are deducted from one boat's or both boats' team's total race wins for the round-robin or knock-out match in which the damage occurred. In the event that both boats are given the same penalty in a race during a knock-out match, the penalties are offsetting and will be disregarded for scoring purposes.

Race-Win Penalties: to be applied without a hearing

Damage Level	Round-Robin	Knock-Out Match
Level A	No penalty	No penalty
Level B	1/2 race win	3/4 race win
Level C	1 race win	1 race win

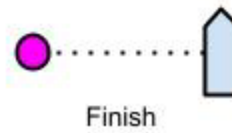
Deductions from Damage Deposits

Any deductions from damage deposits are a matter for the Organizing Authority and are not related to and do not affect any race win penalties imposed by the Umpires or protest committee.

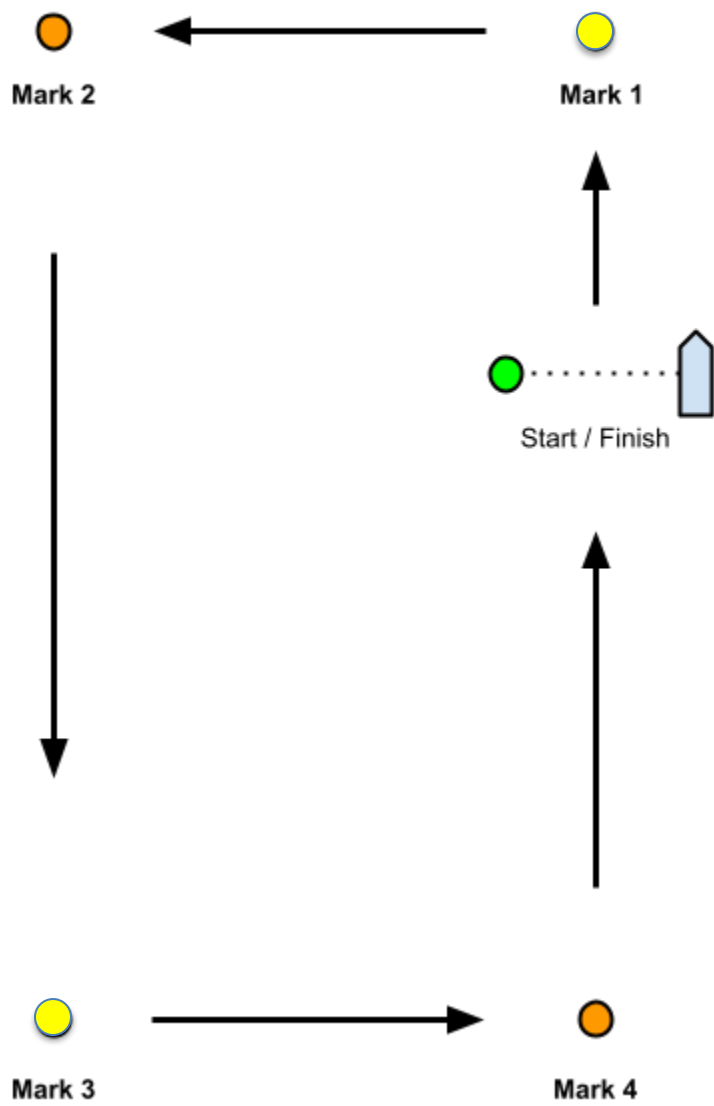
SI ADDENDUM E – COURSE DIAGRAMS

Course O – Start – 1s – 2s – 3p – 2s – Finish

Course I – Start – 1s – 4p – 1s – 2s – Finish



Course P – Start – 1p – 2p – 3p -4p - Finish



SI ADDENDUM F – RACE AREA AND DANGER AREAS

